

GENERAL HOSPITAL

+Atlas

EXPERTS IN SURGERY



PATINET ADMISSION INFORMATION

24
HOURS
365
DAYS YEAR ROUND!



DIAGNOSTICS



CHECK-UPS



SURGERY



LABORATORY

CONTENT

1 | ABOUT ATLAS GENERAL HOSPITAL

2 | OUR STAFF

3 | ADMISSION IN ATLAS GENERAL HOSPITAL

4 | PREPARATION FOR SURGERY

5 | ONE DAY BEFORE SURGERY

6 | ON THE DAY OF SURGERY

7 | AFTER SURGERY

8 | DISCHARGE
FROM THE HOSPITAL

9 | ACCOMMODATION – VISITING HOURS –
MEALS – OTHER INFORMATIONS

10 | RATE OUR HOSPITAL

1 | ABOUT ATLAS GENERAL HOSPITAL

Welcome to Atlas General Hospital

Atlas General Hospital is the first Serbian private hospital dedicated to providing surgical services for patients.

Surgeries are performed by top experts in their respective fields, and we are dedicated in enabling safe and high-quality medical services.

Our hospital is organized in following surgical centers:

- **Center for orthopedic and trauma surgery**
- **Center for spinal surgery**
- **Center for aesthetic surgery**
- **Center for general and abdominal surgery**
- **Center for bariatric surgery**
- **Center for minimally invasive surgery**

Beside our surgical centers, Atlas General Hospital provides complete polyclinic service (infirmaries for plastic and aesthetic surgery, orthopedics, neurosurgery and spinal surgery, oncology, internal medicine and general surgery), as well as Department for endoscopic diagnostic and therapy and Department for postoperative physical medicine and rehabilitation.

ATLAS GENERAL HOSPITAL IS COMPRISED OF TWO MODERN AND LUXURIOUS BUILDING, PROJECTED AND EQUIPPED FOLLOWING THE WORLD STANDARDS IN HEALTHCARE SERVICES.

If you have questions

We wish your stay in Atlas General Hospital to be pleasant, comfortable and safe.

If you have any questions whatsoever, feel free to call us anytime you wish on the following phone number:

 **+381 11 785 88 88**

For more information's on services that we provide, please visit our internet presentation:

 www.atlasklinika.rs



2 | OUR STAFF

During your stay in our hospital you will be taken care off by our experienced team 24/7. You can call them at any point of time simply by pressing a button next to your bed. Our staff will make sure that your postoperative rehabilitation period goes smoothly.

DOCTORS

You can speak with our doctors with full confidence and discuss all the relevant issues with them. Based on your health history, clinical examinations and diagnostic results the doctor will recommend the best treatment options for you. While your stay in our hospital you will have a doctor available 24/7.

NURSES/TECHNICIANS

You will be watched over by our medical nurses/technicians throughout your stay in our hospital. You can tell them everything about your daily habits, diets, personal hygiene, special needs and demands etc. Our medical staff will make sure that you receive your medications on time, take care of your nutrition and meals as well as your personal hygiene 24/7.

PHYSICAL THERAPISTS

Our physical therapists will help in preparing you for surgical intervention as well as in early postoperative period. By working with you and providing adequate education after surgery, they will help you in reducing pain and make sure that you can return quickly to your life and daily routines.



3

ADMISSION IN ATLAS
GENERAL HOSPITAL**PAYMENT**

It is necessary to leave a deposit before your admission to the hospital for your planned surgery. The deposit should cover the entire amount of your surgical treatment and hospital stay.

If your hospital treatment requires some additional / unplanned costs, you will be notified and asked to pay the amount subsequently.

Only those patients who leave the deposit before admission will be admitted for surgical treatment.

Once you are admitted into our Hospital we are taking over the responsibility for your wellbeing.

We kindly ask you to follow our instructions in order to make your stay even more pleasant. Before arrival you should follow some rules:

- If you are taking the following medications, please contact us at least 7 days before admission so that we can give you a proper advice: Aspirin, Cardipirin, Andol, Warfarin, Clopidogrel, Sintrom, or any other blood thinners/ anticoagulants
- One week before surgery you should quit taking any herbal drugs, or any other alternative medicine products
- One week before surgery you should have a light diet, with less fatty food, and more fruits, vegetables and cereals

YOU SHOULD BRING THE FOLLOWING WITH YOU TO THE HOSPITAL:

- All relevant medical documentation
- ID card, or some other document containing your photo
- Personal hygiene kit, nightgown, underwear, slippers, bathrobe...
- If you are wearing glasses, hearing aid, removable dental prosthesis or contact lenses, please bring a small box where you will keep those items. This box will be safeguarded by our medical staff until you return from the OR
- Medicine that you are taking
- For your safety, please leave all the valuables at home (jewelry, watch, cash money etc.).
- Ladies, please remove all make up before you come to the hospital. The same applies for nail polish
- Money, jewelry and other valuables will be returned to the person accompanying the patient. In case when the patient comes alone in the hospital, the valuables are listed, envelope sealed and stored in hospital's storage for safekeeping.



4 | PREPARATION FOR SURGERY

Preoperative preparation begins with examination and conversation with our doctors, when you and doctor make a decision about surgical procedure. You will talk with our Operating room manager about possible date of surgical intervention, price and all other related details.

Depending on the surgery you will receive information about necessary diagnostic procedures that you will have to do before admission in hospital (unless all of the diagnostic procedures will be done in the hospital).

In order to speed up your admission, please fill in the Pre-admission questionnaire that you will find at the end of this leaflet. Please, be so kind to answer all questions, for your answers will help our medical team to provide you the best possible medical treatment.

Pre-op exams: cardiology and anesthesia

Before or during your admission you will be examined by our cardiologist and anesthesiologist.

Anesthesiologist will explain you the types of anesthesia, pros and cons between them and possible complications and will recommend the best option for you. If you agree, you will sign an informed consent.

After obtaining permissions for surgery by cardiologist and anesthesiologist, you will be taken to your room at the surgical ward.

5 | ONE DAY BEFORE SURGERY

Depending on the type of surgery you will be asked to stop food intake, as well as some medications.

- On the evening of the day before surgery light meal is allowed, and you should avoid sweets, black tea, coffee, alcohol beverages and you should stop smoking as well.
- Any intake of fluids or food should be stopped at least 6 hours before surgery in general anesthesia.

6 | ON THE DAY OF SURGERY

If it was not planned otherwise, you will be admitted to the Hospital on the day of surgery, usually in the morning. After admission procedure is completed, you will be taken to your room and prepared for surgery. Nurse will accompany you to the Operating room where you will be taken over by anesthesiologist and his/her staff. After premedication you will talk again with your surgeon before anesthesia is induced.

After surgical intervention you will be placed in Intensive Care Unit for some time, where you will be supervised by anesthesiologist, and then taken to the surgical ward, where you will spend your time until discharge.

7 | AFTER SURGERY

You will spend your postoperative time on surgical ward, where you will receive proper medications, dressing of the wound and where early rehabilitation will take place, which is especially important after orthopedic procedures.

Doctors and nurses will be there for you 24/7. you can call them at any point of time if you have any questions or complaints.



Standard postop period until discharge for usual surgical interventions:

Inguinal hernia repair: the same day, or the day after

Laparoscopic cholecystectomy: 1-2 days

Large bowel resection: 7-10 days

Breast augmentation: 1 day

Knee arthroscopy: 1 day

Hip replacement surgery: 5-7 days

Discus hernia surgery: 1-3 days

Ovarian cyst surgery, laparoscopic: 1 day

**OUR CARE FOR YOUR HEALTH DOESN'T END WITH YOUR DISCHARGE.
YOU CAN CALL US 24/7 IF YOU HAVE ANY QUESTIONS.**

8

DISCHARGE
FROM THE HOSPITAL

How much time will you spend on the surgical ward depends on the type of surgery and speed of your recovery. If you came for a one-day surgical procedure, you will be discharged on the same day.

Your family and or/contact person will be notified on the time of your discharge. Your surgeon will be the one who will discharge you. The patient is dismissed from the hospital by doctor on duty and / or a doctor who operated him/her. During the morning hours (08-09h) you will receive a LETTER OF DISCHARGE with information on the necessary procedures and further treatment (dressing of postoperative wounds, sutures removal and check-ups), after which you can leave the hospital ward.

You will also receive instruction about eventual diet and physical rehabilitation.

In case that various implants have been used in your surgery, you will also receive a confirmation card which will allow you to pass the metal detectors (airports, courts etc).

Please be informed that you have to take care of your hospital bill prior to receiving discharge letter.

9

ACCOMMODATION – VISITING HOURS –
MEALS – OTHER INFORMATIONS**SURGICAL WARD**

All of our patient rooms are equipped with bathrooms, lockers, air conditioning, cable TV, free WiFi, video surveillance, air purifiers and IP phone connectors.

VISITING HOURS

Your friends and family can visit you every day:

Monday – Friday 10 AM – 12 PM and/or 4 PM – 6 PM

Saturday – Sunday 10 AM – 1 PM and/or 3 PM – 7 PM

Please check with our medical staff if you are allowed to consume food that would be brought to you by your family or friends.

MEALS

You will find a menu next to your bed from which you can choose your meals, if not otherwise ordered by your doctor.

BREAKFAST – 8:30 AM

LUNCH – 1:30 PM

DINNER – 6:30 PM



10

RATE OUR HOSPITAL

Before leaving our Hospital, we kindly ask you to fill in the questionnaire and rate the services you have received. Please be completely honest, and let us know if there was anything that displeased you. Your answers will help us to further improve the services we provide.

Thank you!

PLEASE COMPLETE PRE-ACCEPTANCE FORM AND DELIVER IT TO US AT LEAST ONE DAY BEFORE PLANNED ADMISSION TO HOSPITAL ON MAIL: STACIONAR@ATLASKLINIKA.RS OR BRING FILLED FORM IN HOSPITAL WITH OTHER DOCUMENTATION.

Personal information

Name and surname	
Parent name	
Male Female	
Date of birth	
ID number	
Living address	
Phone number	
Cell phone number	
E-mail	

Allergies

Are you allergic to any medication or food? Are you allergic on iodine, iodine based contrast solutions or latex? Please fill in the next form:

I am allergic on following substances:

Health questionnaire

Please take your time and answer the following questions. Your answers will help our team to acquire a comprehensive look of your health status and to plan the course of your treatment:

Body weight: _____ Body height: _____

Did you have previous surgeries: YES NO

If your answer is YES, please tell us what type of surgery you had: _____

Did you have bad experience with general or local anesthesia: YES NO

If your answer is YES, please give us details: _____

Did you suffer from postoperative nausea/vomiting? YES NO

Do you suffer from following diseases/conditions:

DISEASE / CONDITION	YES	NO	COMMENT
HEART DISEASE (FOR EXAMPLE CHEST PAIN), RHEUMATIC FEVER, HEART ATTACK, ANGINA PECTORIS?			
HEART MURMURS, PALPITATION?			
CARDIO SURGERY (FOR EXAMPLE PACEMAKER IMPLANTATION, STENT PLACEMENT, INTERNAL DEFIBRILLATOR, HEART VALVES SURGERY)?			
HIGH BLOOD PRESSURE?			
LUNG AND BREATHING DISEASES, SUCH AS ASTHMA, TUBERCULOSIS, BRONCHITIS?			
OBSTRUCTIVE SLEEP APNEA?			
HIATUS HERNIA, INDIGESTION?			
LIVER DISEASES, FOR EXAMPLE HEPATITIS B OR C, LIVER CIRRHOSIS, JAUNDICE?			
KIDNEY DISEASES?			
ABNORMAL BLEEDING OR APPEARANCE OF BRUISES ON YOUR BODY?			
ANEMIA, HEMATOLOGIC DISORDERS?			
BLOOD VESSELS THROMBOSIS?			
DIABETES MELLITUS TYPE I OR II?			
EPILEPSY?			
MIGRAINE OR HEAVY HEADACHES?			
DRUG ADDICTION?			
HIV POSITIVE OR AIDS?			
STROKE?			
DEMENTIA?			
PSYCHIATRIC DISEASES THAT REQUIRE THERAPY?			
SPINAL COLUMN ISSUES?			
THYROID GLAND DISORDERS?			
STOMACH OR DUODENAL ULCER?			
HEARTHURN?			
MUSCLE WEAKNESS/DISORDERS?			
ARE YOU SMOKING? IF YOU ARE, HOW MANY CIGARETTES DAILY AND FOR HOW LONG?			

DO YOU DRINK ALCOHOL EVERY DAY? IF YOU DO, IN WHAT AMOUNTS?			
HAVE YOU EVER RECEIVED CHEMOTHERAPY AND/OR RADIO-THERAPY? IF YOU HAVE, WHAT WAS THE REASON?			
ARE YOU PREGNANT OR ARE YOU SUSPECTING THAT YOU MIGHT BE PREGNANT?			
HAVE YOU BEEN ADMITTED TO A HOSPITAL IN THE PAST 6 MONTHS? IF YOU HAVE, WHAT WAS THE REASON?			
DO YOU HAVE SPECIAL DIETARY DEMANDS?			
IS THERE ANYTHING ELSE YOU WOULD LIKE TO ADD?			

Medication list

Please fill in the following form. What medications are you currently using? We remind you that there are certain medications that you shouldn't take before surgery, and that you should discuss this with your doctor. Also, you should bring all of the medications that you are using to the hospital.

You can find general rules when to stop using certain medications prior to the surgical procedure.

MEDICATION	DOSAGE	TIME TO TAKE MEDICATION

Are you using blood thinners (Warfarin, Clopidogrel, Aspirin, Cardiopirin etc)?

IF YOU DO, PLEASE CONTACT OUR HOSPITAL IMMEDIATELY TO RECEIVE PROPER INSTRUCTIONS!

Other information

Do you live alone? Who will take care of you in the first 48h after discharge from the hospital?

Name and surname _____ Contact tel: _____

Who will be a contact person while you are hospitalized? _____

Contact person: _____ Contact tel: _____

Do you have special needs and demands (for example, if you have problems with sight or hearing, culture specific demands etc)? If you do, please write them down for us:

Do you special religious demands? If you do, please write them down:

Can you take care of yourself without help from other person: (for example, washing and yourself, everyday home activities etc)?

Do you need us to provide equipment and assistive devices for walking

(canes, walkers, wheelchairs etc.)?

Do you need an interpreter present? If you do, for which language:

We will contact you before admission to discuss all the details related to your stay at our hospital. If we should be unable to reach you on the phone number that you gave us, do we have your permission to send you a SMS? YES NO

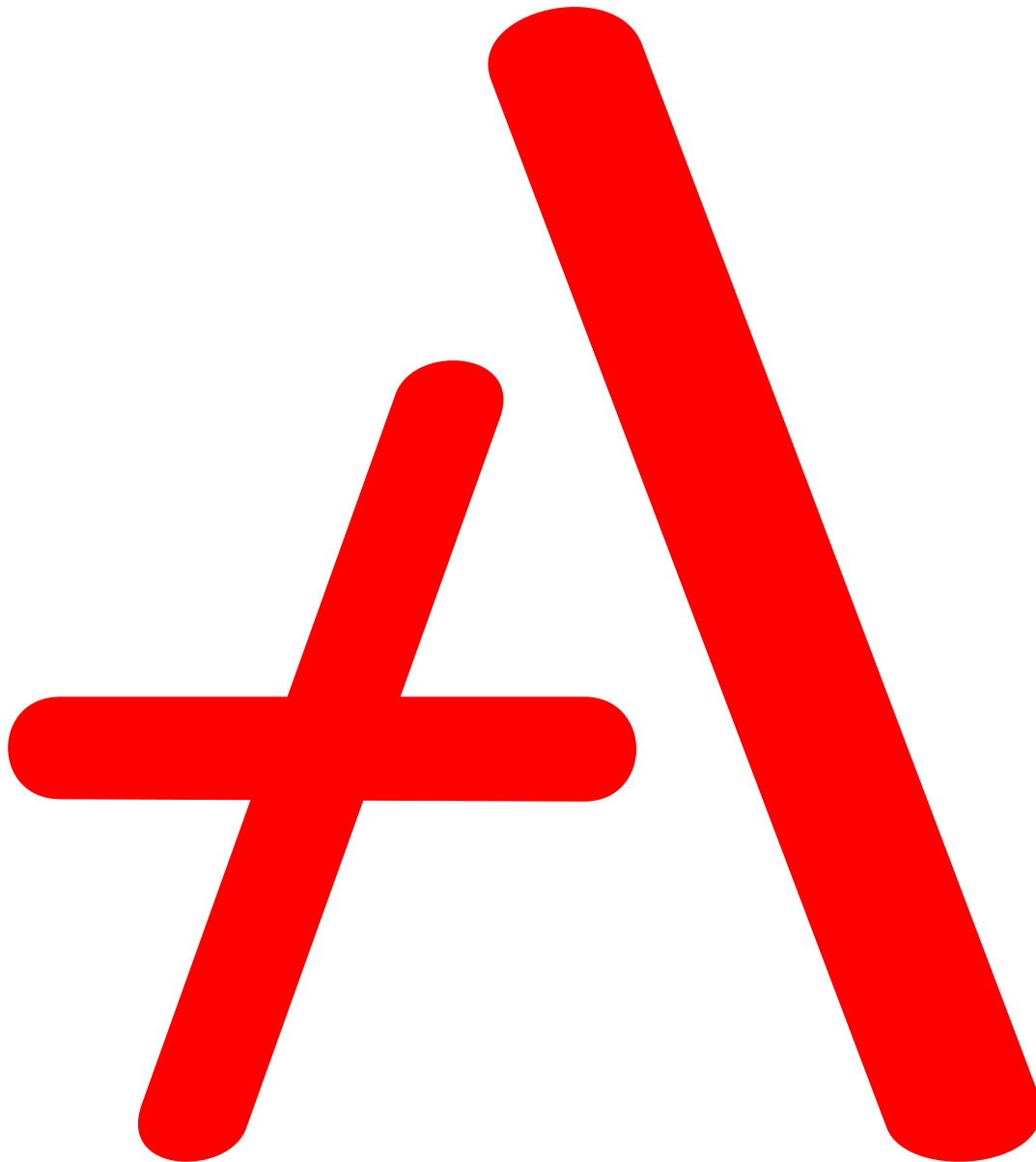
If you haven't been contacted by us 24 hours prior to planned admission, please be so kind to call us at a following number:

 011 785 88 88 _____


Your signature _____ Date: _____

Your name and surname (in printed letters): _____

This informant has been filled by: patient parent legal guardian other person (who?)



In safe hands!

 Call center: 011 785 88 88

 office@atlasclinika.rs

 Osmana Đikića 3, 11000 Belgrade, Serbia



 Atlas FB page



 Atlas web-site

GENERAL HOSPITAL
+Atlas
EXPERTS IN SURGERY